



THE HOLY TRINITY HERALD

OCTOBER 2010

VOLUME 18 • ISSUE 9

HOLY TRINITY GREEK ORTHODOX CHURCH • PITTSBURGH, PENNSYLVANIA

INSIDE THIS ISSUE

- 2 Father John's Message
- 3 News & Events
- 5 Gheronda's Corner
- 6 Stewardship Perspectives
- 7 Philoptochos Report
- 8-12 Community Life
Photo Journal
- 13 Visit of Myrhh-Stream-
ing Icon to Pittsburgh
- 14 Ask the Elders
- 15 Mouse Tales
- 16 The Cultural Side
Η Πολιτιστική Πλευρά
- 18 Notable Speakers Series:
Frederica Mathewes-Green
- 20 Why We Need to Pray

Also enclosed:

October Parish Calendar
Fall Event Flyers

QUICK NEWS



Three of our active young JOY children enjoy a round-about on the playground of Bellevue Park during the Holy Trinity Combined Youth Ministries Kick-Off on Sept. 12. For more photos of our young people, as well as scenes from the Golf Outing and the Summer Greek Festival, see the Community Life Photo Journal, pages 8-12.



Saint Kosmas Aitolos was born in 1714 in Aitolia, Greece. He became a monk-priest and received a calling to do missionary work in Greece in the aftermath of four centuries of Turkish oppression, especially in the remote areas where there was a lack of churches and priests for the many unbaptized adults. He travelled in Greece and Albania for 25 years, founding over 200 schools, as well as charities and rural churches. He was martyred in August 1779 in Albania at the hands of Moslem persecutors.

Our Mission: To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ

THE HOLY TRINITY HERALD

About the Herald

The Herald is the Monthly Newsletter of
Holy Trinity Greek Orthodox Church

Editor

Father John Touloumes, Ekonomos

Church: 412-321-9282

Home: 412-831-3574

E-mail: fjt@HolyTrinityPgh.org

Production

Josephine Stoffko, Administrative Asst.

E-mail: office@HolyTrinityPgh.org

Contributors

Michael Kritiotis

Voula Hareras

Maria Kraniou

Vickie Bellios

Rev. Fr. John Androutsopoulos

Rev. Fr. Radu Bordeianu

Copyright Notice

This newsletter contains copyrighted material of Holy Trinity Greek Orthodox Church and third party copyright owners, including, without limitation, text, photos, and graphics, and the contents of the newsletter are protected under the United States and international copyright laws. You may not copy, modify, publish, transmit, display, participate in the transfer or sale, creation of derivative works, or in any way exploit, any of the content, in whole or in part. No copying, redistribution, retransmission, publication or commercial exploitation of any material in this newsletter is permitted without the express written permission of Holy Trinity Greek Orthodox Church and any applicable third party copyright owner.

About the Parish

Holy Trinity Greek Orthodox Church

302 West North Avenue

Pittsburgh, PA 15212-4626

Phone: 412-321-9282 • Fax: 412-321-7272

Web site: www.HolyTrinityPgh.org

Email: office@HolyTrinityPgh.org

Holy Trinity Church is a parish of the Greek Orthodox Metropolis of Pittsburgh (www.odpgh.org) and Greek Orthodox Archdiocese of America (www.goarch.org) under the Spiritual Jurisdiction of the Ecumenical Patriarchate of Constantinople.

Holy Trinity Greek Orthodox Church Parish Administration

Clergy

Rev. Fr. John Touloumes, Proistamenos

Rev. Fr. Radu Bordeianu, Assistant Priest

Parish Council

Chris T. Balouris, President

Anthony Loomis Alex Trivilas

Jason Farmakis Yvonne Balouris

George Danis George Dickos

Troy Geanopoulos Joanne Germanos

Louis Kort Andrew Athanasiou

Vasilios Scoumis Gerri Valliant

Ministries

Philoptochos Kay Balouris, Pres.

GOYA.....Pres. Becky Touloumes, Advisor

ChoirJohn Nychis, Director

Over 50 Club.....Stella Athanasiou, Pres.

St. Lydia Study.....Stacy Dickos, Coordinator

Cemetery.....Bill Fiedler, Chairman

Greek School....Effie Kilantonis, Coordinator

Social Hall.....Vas Scoumis, Coordinator

Bookstore Bill and Linda Areheart



A protection of Christians unshameable, Intercessor to our Holy Maker, unwavering; reject not the prayerful cries of those who are in sin. Instead, come to us for you are good; your loving help bring unto us who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

Kontakion of the Theotokos

Dear Brothers and Sisters in Christ,

As I write this month's message, I am preparing to attend the feast day celebration of the Holy Protection of the Theotokos Monastery in White Haven, PA. It is a celebration I am looking forward to for both personal and pastoral reasons, all of which center on the role of the Most Holy Theotokos in the life of myself, my family and our parish. Indeed, from my first calling to the priesthood to my assignment here to my remaining here all these years, the Panayia has played a most important role in it all.

When I received a call from Metropolitan Maximos (at the time, "Bishop" Maximos) about leaving my previous ministry as an assistant and accepting the responsibility of shepherding the flock at Holy Trinity as its pastor, I remember going to speak with Gherontissa Taxiarchia of blessed memory at the Holy Nativity of the Theotokos Monastery. She assured me that, no matter my doubts and concerns about taking on a parish as the head (and only) clergy, I would not be alone. She told me—prophesied, I would say—that the Most Holy Theotokos would bring special blessings and protection to this ministry and that I had nothing to fear.

I use the word "prophesied" because this holy woman of God did indeed speak of divine truths to come. Throughout the past 17 years that I have been blessed to minister to and work with this community, I have witnessed many times when those words have echoed in my soul and become a reality in daily life here. In the Feast of the Holy Protection of the Theotokos, Saint Andrew the Fool for Christ was granted a vision of the Virgin Mary above the faithful and spreading out her veil over them, signifying her unceasing protection of all Christians. That has indeed been our experience through both the challenges and the blessings we have shared as a community. In difficult times, her veil has covered us with comfort; in time of joy, it has reminded us of her prayers and her presence. Above all, it is her desire that we love her Son, the Incarnate Lord Jesus Christ, and that we live a life obeying His commandments and worthy of salvation, reflected in both our personal life and community witness.

So as we once again celebrate this holy feast of the Protection of the Theotokos, please join me in invoking her prayers upon us all, so that her veil of holy protection may cover our community, our families, our children, our ministries, our plans for the new church, our future and, most of all, our path to salvation through her Son and our Lord Jesus Christ.

Yours in Him,

Herald Personal Sponsor for this Issue:

**In celebration of the 50th Anniversary of
Tony & Espy Zissis with love from their family**

WORSHIP LIFE

Weekday Services.....October

Please take note of the following upcoming liturgical dates. Unless otherwise indicated, Orthros starts at 8:30 a.m., followed by Divine Liturgy at 9:30 a.m..

Oct. 13, 6:00pm: Monthly Paraclesis Service (Second Wednesday of each month)

Oct. 26: St. Demetrios the Great Martyr

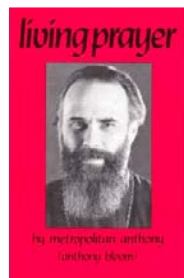
RELIGIOUS EDUCATION

Church School Underway

Church School for the 2010/2011 year is underway! Missed registering your child(ren)? Don't worry! Simply accompany your child to class and see the teacher to sign up. And remember, signing up is just the start! Please give your child the best opportunity for learning the Faith in its fullness by starting with Divine Liturgy, because no matter how much we know about God in our head, it is in the holy worship services and sacraments of the Church that we come to know Him in our heart. Divine Liturgy starts at 9:30, and the children's message is offered immediately following the Gospel, which is not too long into the service. Thank you, parents, for your dedication and love for both your children and the Church!

Orthodox Studies ForumOctober 6 & 20

The Orthodox Studies Forum will begin its season on Wednesday, Oct. 6, at 7:00pm, at La Roche College, 900 Babcock Blvd., in the Palumbo Science Center, Room 107. This is in the same building in which the group met last time. The study topic for this year is the book, "Living Prayer" by Metropolitan Anthony Bloom. The book will be available in our Three Hierarchs bookstore during Coffee Hour and at the study. All are welcome. For information, see Father Radu or contact him at FrRadu@HolyTrinityPgh.org.



Saint Lydia Women's Study Fellowship October 14, 28

The Saint Lydia Women's Study Fellowship meets every other Thursday at the St George Chapel, 8941 Ringeisen Road (behind Duncan Manor Plaza) in Allison Park. The meeting starts at 9:30 a.m. with coffee and fellowship (a very important aspect of the group), followed by the study and discussion promptly from 10:00 to 11:00 a.m. The topic of study this fall is the book, "The Jesus Prayer: The Ancient Desert Prayer That Tunes the Heart to God," by Frederica Mathewes-Green. The ministry is open to women of all ages. Want more info? Contact Stacy Dickos at 412-367-0925 or SaintLydia@HolyTrinityPgh.org.

YOUTH MINISTRIES

HOPE/JOY Movie NightOctober 16

The HOPE and JOY ministries will be hosting Movie Night on Saturday, October 16 at two homes. HOPE children will

gather at the home of Jim and Yvonne Balouris, 531 Colverdale Ct., Wexford. JOY children will gather at the home of Brian and Angie Fitzpatrick, 348 Haldeman Dr., Cranberry. The event starts at 6:00 pm at each home and dinner will be served. The movies will be shown outside, weather permitting, or indoors otherwise. Please confirm your children's attendance by calling Yvonne Balouris (724-934-4850) HOPE children or Angie Fitzpatrick (724-772-1694) for JOY.

GOYA MeetingOctober 10

The GOYA teen ministry will hold a brief meeting following Church School on Sunday, October 10, in the library. All GOYAns are asked to attend.

Metropolis Central Region JOY RetreatOctober 23

The Metropolis JOY committee is hosting a JOY Fall Retreat for the Pittsburgh region on Saturday, October 23 at the Nativity of the Theotokos Monastery in Saxonburg from 10:30am-3:30pm. Father Radu and our JOY parents will be organizing the participation of the Holy Trinity JOY children. All JOY families are asked to participate. Registration is available at pittsburgh.goarch.org/register.

GOYA Movie Night.....TBA

GOYA will be hosting a movie night during the month of October at a time and place to be announced. GOYAns, please watch your email and Facebook accounts for info!

GREEK SCHOOL NEWS

Children's and Adult Classes Greek Classes 2010-2011

Greek School has moved to Thursdays. If Monday was not a good day for you, and Thursday is, come join us on Thursday evenings at 6:00 p.m. Beginners and Advanced Adult Classes are available; as well as the Children's Classes starting at Pre-School Level and up. Pre-School students must already be at least 3 years old. For more information, call Effie Kilantonis at 412-831-3291.

New Greek Textbooks Available

An exciting new Modern Greek textbook is now available at the Three Hierarchs Bookstore and is being used by our Greek School. This first edition is designed to be used by English speaking adults wishing to learn Modern Greek either on their own or with the help of a teacher. All grammar rules are explained in English. In addition to many resources found in the book, it contains a CD with hundreds of exercises and answers.



BAPTISMS

Fraleley

The servant of God, Nicholas Fraley, son of Thomas and Georgianna (Mavros) Fraley, was received into the Holy Orthodox Christian Faith through the Holy Mystery of Baptism on September 12, 2010 at Holy Trinity Church. His sponsor was Irene Sipling. May God grant him many years!

Geanopulos

The servant of God, Fotini Geanopulos, daughter of Troy and Annika (Houmis) Grenopulos, was received into the Holy Orthodox Christian Faith through the Holy Mystery of Baptism on September 18, 2010 at All Saints Church in Canonsburg with Father John as the celebrant. Her sponsor was Gregory C. Pappas. May God grant her many years!

FUNERALS & MEMORIALS

Georgianne Cominos

The servant of God, Georgianne Cominos, fell asleep in the Lord on August 30, 2010. The Funeral was held at Saint George Chapel on September 1, followed by interment at Holy Trinity Cemetery. May her memory be eternal!

Upcoming Memorials

October 3: Gregory Pappas (40 days) and Christos Pappas (13 yrs.); October 9: Georgianne Cominos (40 days, to be held at 2:00pm at St. George Chapel); October 10: Frank Chapas (6 mos.).

COMMUNITY NEWS

Fall General Assembly..... November 7

Please plan on staying after Divine Liturgy on Sunday, November 7, to attend the Regular Fall General Assembly. This is the Regular Fall Assembly to review parish life, nominate candidates for the Parish Council and hear reports on important parish matters. It is important that all members attend, as these meetings are quite important in the day-to-day life of the parish. Please remember, to vote at an assembly, nominate or be a candidate for Parish Council or to vote in elections, you must be a member in good standing as defined in the Uniform Parish Regulations. This includes, but is not limited to, having a signed 2010 Holy Trinity Stewardship Pledge card submitted.

Holy Trinity Hosting NSP October 22-24

Holy Trinity Church has the honor of hosting the National Board members of the National Sisterhood of Presvyteres for their fall meeting, October 22-24. In addition to meetings on Saturday, the Presvyteres will be joining us for Divine Liturgy on Sunday, October 24. We look forward to welcoming them with the warmest Holy Trinity hospitality!

REGIONAL NEWS

St. Nicholas "Mini" Greek Festival Sep. 30-Oct. 2

St. Nicholas Cathedral is holding a "Mini" Greek Festival from Thursday, Sep. 30-Saturday, Oct. 2. The hours are 11am-9pm daily. There will be live bouzouki music and dancing, a full menu and the outdoor patio grill. Visit www.stnickspgh.org for information.

Projecting Hope Film Festival October 8-10, 15-17

Two weekends of free, faith-based and family-friendly films will be offered in the Pittsburgh area in October. The first weekend is October 8-10 at the Cranberry Cinemas 8.

The second is October 15-17 at the Fox Chapel Waterworks 10. For information and a schedule, see the enclosed flyer or go to www.ProjectingHopePgh.com.

Walk For Missions 2010 October 10

The Orthodox Clergy Brotherhood of Greater Pittsburgh will once again sponsor its annual Walk for Missions on Sunday, October 10 at 2:00 p.m. (Registration at 1:00 p.m.) at the South Park Children's Playground. Proceeds from the Walk will benefit the Orthodox Christian Missions Center (OCMC), which sends missionaries throughout the world. This year the focus will be on the training of indigenous clergy and religious education teachers in the poorer regions of the world. The registration and sponsor flyer was enclosed in the September issue of *The Herald* and should be brought to the Walk. Please notify Holy Cross Church at 412-833-3355 if you plan to participate.

Orthodox Seniors Retreat. October 24-26

Antiochian Village and Retreat Center in Ligonier is sponsoring a new event this year: The "Bucket List" Retreat for Orthodox Seniors, October 24-26. What's a "Bucket List?" The list of things we all like to make up at any age that contains the things we would still like to do in our lifetime. This retreat will focus on what God desires for us and from us as we journey into the later years of life. It is geared to those with more life experience and will involve talks and discussions about how to live a vibrant spiritual life in good fellowship. The speakers will be Fr. John Abdallah, Dean of St. George Antiochian Orthodox Cathedral in Pittsburgh and Fr. Anthony Yazge, Director of Antiochian Village Camp. For reservations, call Barli at 724-238-3677, x425.

Orthodox "Dance Mixer" November 13

International Orthodox Christian Charities (IOCC) will be hosting a new event on Saturday, November 16: an Orthodox "Dance Mixer." With the multitude of Orthodox ethnic cultures in the area, they are inviting everyone to enjoy and celebrate that rich heritage: Greek, Romanian, Bulgarian, Serbian, Carpatho-Russian, Antiochian, Ukranian, Russian, Albanian and anything else! There will be two live bands and non-stop music for all ages. Admission is only \$5 and proceeds benefit IOCC.

Also available: come early and have dinner! A 6-course dinner will be served at 6:00pm for a dinner/dance donation of \$35. A flyer with details is enclosed.

T.H.E.O.S. Christmas Concert December 12

A message from the Orthodox Clergy Brotherhood: "The leaves have not yet fallen off the trees, but before you know it, we will be in the Nativity Season. Please mark your calendars to attend this beautiful celebration of the Nativity of our Lord. We look forward to this beautiful event and your participation. More detailed information regarding the concert will be forthcoming. The event will be held at Holy Cross Church in Mount Lebanon on December 12 at 5:00 p.m. and is sponsored by the Orthodox Clergy Brotherhood of Greater Pittsburgh. All proceeds benefit the Three Hierarchs Eastern Orthodox School."

Part of a regular series of contributions by our resident "Gheronda" (respected elder clergy), Father John Androutsopoulos

OCTOBER 2010: THE VOICE OF THE GOSPEL



**Father John
Androutsopoulos**

The Parable of the Rich Man and Lazarus

The following message is taken from the Gospel lesson of the last Sunday of October, (October 31st), the Parable of the Rich Man and Lazarus. (Luke 16: 19-31)

The rich man was dressed in the most expensive clothes and lived in great luxury every day. There was also a poor man named Lazarus.

His name meant: God is my help. He was full of sores sitting in the man's gate hoping to fill himself with crumbs of food that fell from the rich man's table. Lazarus did have some good friends who were coming every day, licking his wounds to bring relief and comfort. These friends were not people, but the dogs of the neighborhood!

Poor Lazarus suffering from his sores endured them all with patience, as another job, never complained or said any word against God or against the rich man, who with indifference would see him every day in such pitiful condition.

What Happens When We Die

It happened that the poor man Lazarus died, and his soul was brought from the angels to Abraham's bosom. Abraham's bosom is the place where the souls of the just are resting. St. John Chrysostom says that each of the angels rejoiced, such burden holding.

Therefore we are learning that the holy angels receive and take the souls of the just people and classify them in a place of rest, where there is no pain, sorrow and sigh, but a life of eternal blessedness.

Awaiting the Final Judgement

It must be noted that neither the righteous people in Abraham's bosom receive their final reward, nor do the unjust in Hades receive the final punishment at the moment of death. According to the teachings of the Church, in these places the souls remain until the second coming of our Lord Jesus Christ when He will give to each man according to his faith and works the final reward or punishment.

St. Paul writes in his second Epistle to Timothy 4:7-8: "I have done my best in the race, I have run the full distance, I have kept the faith and now the prize of victory is waiting for me, the crown of righteousness which the Lord, the righteous judge will give me on that day – and not only to me, but to all those who wait with love for him to appear."

Our Church teaches that after death the souls are going to a place (sometimes referred to as an "intermediate state") where the souls of the just are pre-tasting happiness and the souls of the unjust are pre-tasting punishment until the Second Coming of our Lord Jesus Christ, Who is going to give

the final reward or punishment to the souls.

That is why we, the living, have a duty to pray for the souls of our beloved who have fallen asleep in the Lord. We pray and perform memorial services, coming before our Holy and All-merciful God, asking Him to grant grace to their souls if they are suffering.

Don't Wait: Choose Your Reward In This Life!

The rich man in Hades was in great pain and he looked up and saw Abraham far away with Lazarus at his side. He called out, "Father Abraham have mercy upon me. And send Lazarus to dip his finger in some water to cool off my tongue, for I am in great pain in this fire!"

Abraham said, "Remember my son, that in your lifetime you were given all of the good things, while Lazarus got all of the bad things. But, he is enjoying it here while you are in pain. Besides all of that, there is a great chasm lying between us, so that those who want to crossover from here to you cannot do it, nor can anyone cross over to us from where you are."

The rich man comes to Abraham with another request. "I beg you, send Lazarus to my father's house where I have five brothers; let him go and warn them so that they, at least, will not come to this place of pain." Abraham said, "Your brothers have Moses and the prophets to warn them; let your brothers listen to what they say. If they will not listen to Moses and the Prophets, they will not be convinced even if someone were to rise from death."

Remarks and Conclusions from the Parable of the Rich Man and Lazarus

By reading the parable, there is a lot we can learn about what happens when one dies. What is a parable? The parable is an earthly story with heavenly meaning.

To begin with, we learn that the dead still live and are themselves. We remember how Moses (who died 1,569 years before Christ) and Elijah (who died 895 years before Christ) both came back from "the other side" to meet with Jesus and three of his disciples on the Mount Tabor at His Transfiguration. (Mark 9) Surely they were alive.

Jesus said to the penitent thief as they were both dying, "today you shall be with me in paradise." (Luke 23: 43) We believe that immediately after death we enter the next life. We come from nonexistence to life and through death to the immortality.

Question: Why are there rich and poor? God is testing the generosity of the rich, and the patience of the poor. Money is not evil...the love of money is evil.

Remember: Our here determines our hereafter.

*With the love of Christ,
Rev. Fr. John K. Androutsopoulos, Protopresbyter*

A regular report on the Stewardship ministry of Holy Trinity Church, which provides every member a vital opportunity to become involved in supporting the life and ministries of the Church through their God-given time, talents and treasures.



James Statheas

STEWARDSHIP AT HOLY TRINITY

Stewardship Through the Festival

From September 2nd through September 5th, Holy Trinity Greek Orthodox Church welcomed the Greater Pittsburgh Community to its 38th Summer Festival celebrating our Faith, food and culture. By all accounts it was another great success. This result could not have

been made possible without the efforts of the Holy Trinity Family.

Many thanks to all who gave of their time and talents not only during the 4-day festival, but also in the preparation that began immediately following our Spring Festival in May. Many hours are involved in preparation for our festival, from chairing and coordinating the various aspects of the event, to the procurement of goods and services, to the preparation of the food and pastries, to the setting up of the hall and the outside taverna and in welcoming and serving our guests.

The names of all those who helped and supported are too many to mention. On behalf of Father John, Father Radu, the Holy Trinity Festival chairmen and the Parish Council, "THANK YOU, WELL DONE GOOD AND FAITHFUL STEWARDS!"

Stewardship Statements

The Stewardship Committee will be preparing and mailing statements showing all contributions made to Holy Trinity during the first three quarters of 2010. The statements will be mailed in early October. Thank you for your continued support of our various ministries at Holy Trinity. Also another friendly reminder, if you have not done so, please submit your 2010 Holy Trinity Stewardship Pledge Card to the church office as soon as possible. If you did not receive or have misplaced the card, please contact the church office and a card will be mailed promptly to your attention.

Remember, according to the Archdiocese regulations, all those who wish to participate and vote during our fall General Assembly to be held November 7th, must submit in a signed pledge card.



2009/2010 STEWARDSHIP HIGHLIGHTS

2009 Offerings Received from Stewards Submitting Pledge Card	\$163,070 (229 pledges)
2009 Offerings Received from Donors Without Pledge Card	\$35,204 (38 donors)
2009 Total Stewardship Income	\$198,274 (267 donors)
2009 Average Stewardship Pledge	\$680
2010 Offerings Received from Stewards Submitting Pledge Card	\$90,449 (194 pledges)
2010 Offerings Received from Donors Without Pledge Card	\$9,628 (51 donors)
2010 Total Stewardship Income	\$100,077 (245 donors)
2010 Average Stewardship Pledge	\$681
2010 Stewardship Pledges Total	\$134,913 (194 pledges)

**True
stewardship
is an active
life in Christ!**



We need to recognize that everything we have has been given to us to manage, to cultivate and protect for God. He gives all to us to use and we in turn return it to Him as our recognition of His love and His sovereignty over our lives. This expression of faith is reflected through our actions; our faith determines the choices by which we live. And Stewardship is the key ingredient for that faith. It is easy for all of us to say our prayers, to attend our Churches and go through the motions of what a Greek Orthodox Christian is all about. But the real test comes in how we manage what God has given us. (Fr. James Moulketis)

An update on the news and activities of our local Holy Trinity chapter of the Philoptochos Ladies Society, a national philanthropic ministry of the Greek Orthodox Archdiocese of America. and the Parish Council." Want more information? Visit their web site at www.philoptochos.org or contact a local member.

Philoptochos Report: October 2010

Welcome Back!

By the time you read this report, summer will have passed. We hope that every one of you had a healthy, happy, and enjoyable summer. Welcome back.

Sweet Voices

"Glykes Fones" = "Sweet Voices." 13 voices, "Glekes Phones", began to share their favorite Greek folk songs. We began with the group favorite "Samiotissa". Some of the other favorites we will be singing are, "Yialo, Yialo", "To Yelekaki", "Psaropoula", and so on. Glekes Phones will be meeting again October 3 and October 24, after coffee hour in the church hall. Our sharing and singing time is 30 - 40 minutes. Everyone will be home in time for Steelers kick-off. Please join us to share the joys of our musical heritage. All voices are welcome!

Γλυκές Φωνές

Η Φιλόπτωχος ψάχνει να βρεί πρόσωπα που τούς αρέσει να τραγουδούν παλιά λαϊκά τραγούδια, σαν "Γιαλό-Γιαλό," "Σαμιώτισσα," Χριστουγεννιάτικα κάλαντα και άλλα διάφορα. Θα μάς άρεσε να οργανώσουμε ένα συγκρότημα για να διασκεδάσουμε όλοι μαζί. Δεν κάνουμε διάκριση για φύλο, ηλικία ή καλλιφωνία. Εάν δεν ξερετε να τραγουδάτε ο μουσικός θα σάς διδάξει. Θα είναι μεγάλη μας ευχαρίστηση εάν λάβετε μέρος στη συζήτηση που θα έχουμε στην αίθουσά μας μετά την λειτουργία. Εάν έχετε γραπτή μουσική σάς παρακαλούμε να την φέρετε μαζί σας..

Εάν κατορθώσουμε να σχηματίσουμε μία ομάδα που πραγματικά ενδιαφέρεται, τότε θα μπορέσουμε να προσφέρουμε κατι που πολλοί θα το ευχαριστηθούν. Δεν υπάρχει κόστος, ελπίζουμε όμως πως η ανταπόδοση θα είναι ικανοποιητική.

Ανυπομόνως περιμένουμε να σας δούμε και να σας καλωσορίσουμε στην αίθουσά μας, για να σκεφθούμε πως καλλίτερα θα μπορέσουμε να αρχίσουμε μία τέτοια ευγενική προσπάθεια.

FOCUS: Food, Occupation, Clothing, Shelter

On Sunday, September 12, 2010 Fr. Justin Mathews, Executive Director of FOCUS North America (www.focus-northamerica.org) visited our parish, served the Divine Liturgy with Father John and Father Radu and saw the Socks & Undie Box in the Narthex. He was very impressed that we were collecting undies and socks for the poor. He suggested that we continue to collect them all year long, rather than just once a year.

At the Philoptochos meeting that afternoon it was suggested that we send what we have collected so far to FOCUS.

This has been done. The box will remain in the Narthex and we will continue to collect the undies and socks. We are appealing to everyone to make a donation. They are not expensive. You can purchase a package of undies or socks for around \$4.00 at Big Lots, K-Mart, Walmart, Target or other discount stores. It would be nice to take your children with you when buying the undies or socks so they will understand the idea of actively participating in giving. It is a small donation, but it will help those that are in need. Thank you for your cooperation!



Philoptochos Local Visitation Ministry

One of the missions at the heart of the Philoptochos ministry is to visit the ill in nursing homes and hospitals and even to make visits to the homes of those that are home-bound. This means a lot to those who are visited and served, and it is also very rewarding to those who serve. We would like to have a few members of the Philoptochos and parish members to join us in visiting those that are in nursing homes or in the hospital.

Would you like to be part of this meaningful ministry? There are always Holy Trinity parishioners in confined to nursing homes, hospitals and their own homes. In addition to Father John's pastoral visits, it means a lot to these people to be visited by friends and parishioners. We would like to have volunteers to go and see them. If you would like to be one of those volunteers, please contact me at 412-761-3977.

Get Well Cards

If you know someone that is ill, in a nursing home, or is ill at home, please call the office and tell Josie. She will let us know so that we may send a card. It only takes a minute to call.

Membership/Stewardship

We are always looking for new members. If you have not joined us, won't you please join. We have many missions that we cannot fulfill because we so not have young members. How long can we survive without new members?

Next Meeting

The next meeting of the Philoptochos will be on Sunday, October 24, 2010. Please make plans to stay after church and attend. We will have many topics to discuss.

Upcoming Events

Thanksgiving Fund Raiser.....Christmas Party
Holiday Bake Sale....and please join the singing group!

Respectfully submitted,
Esther Ladakos, Secretary









Community Life Photo Journal | Holy Trinity Youth Ministries Kick-Off

September 12: Holy Trinity Church celebrated the start of a new season of youth ministry by gathering her young people of all ages together: HOPE, JOY and GOYA. The event was held at Bellevue Park and featured lots of good food, fun games and planning for the upcoming year of youth ministries. Many thanks to all our young people and to their parents for supporting their participation!





From thy holy Icon, O Lady Theotokos, blessed myrrh has flowed abundantly. Thou hast therefore consoled those, in exile, faithful unto thee, and hast enlighten the unbelievers by thy Son's light. Therefore O Lady, with tears we bow down to thee. Be merciful to us in the hour of judgment. Lest having received thy mercy we be punished as those who have been contemptuous of it. But grant us through thy prayers to bring forth spiritual fruit, and save our souls.

Troparion to the Iveron Icon, Tone 7.

Announcing a rare opportunity and great blessing coming to Pittsburgh:

The Visit of the Holy Myrrh-streaming "Hawaiian" Iveron Icon of the Theotokos

Tuesday, October 19

6:00pm-8:00pm

At our sister parish in the North Hills:
St. Alexander Nevsky OCA Cathedral
1600 Guyton Rd. (@ Thompson Run), Allison Park,

6:00-6:30pm: "Moleben Service"

The new Dean of the Cathedral (Fr. Michael Senyo),

Fr. John and Local Clergy Will Be Serving

6:30-8:00pm: Visitation

All are invited to attend!

Note: Not able to make the local evening visitation? This icon will also be present at the Nativity of the Theotokos Monastery in Saxonburg earlier that day, starting with Divine Liturgy at 7:00am.



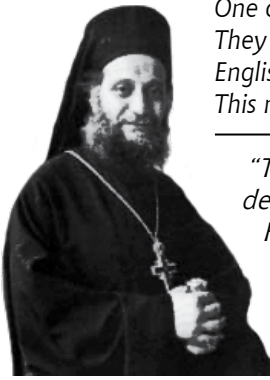
The Story of the Icon as Related by Reader Nectary, December 2007 (Abbreviated)

The icon is a mounted-print made, I believe, at the Sofrino Church factory near Moscow. It is an exact copy of the Montreal Myrrh-streaming Iveron Icon of the Holy Theotokos; this was the icon cared for by Blessed Martyr Brother José Muñoz. It is a small icon, roughly 7 x 9 inches and approximately one inch thick. My parish priest, Fr. Anatole Lyovin, gifted it to me for my Nameday. He said he purchased it at a church bookstore in Toronto when the parish in which he had grown up celebrated the fiftieth anniversary of its founding. The icons from Sofrino have a distinctive style with a beautiful silk-screen riza (or oklad) built into the icon. A second icon is a hand-painted icon in the shape of a Cross with the image of Our Lord's crucifixion in the traditional Byzantine style of iconography. A Greek monk from the Holy Mountain Athos painted it.

[After noticing both myrrh and a strong fragrance coming from them], we brought the icons to church and placed them on two analogia (lecterns) in the center of the church. Fr. Anatole inspected them and wiped them down with cotton and proceeded to start the service of the Akathist Hymn of the Iveron Icon. After the service, the icons were wiped down again; they had streamed a little during the service. Fr. Anatole confirmed to us that it is 'definitely streaming myrrh' and that it is 'a very pure myrrh'. The smell of roses filled the air.

Sunday October 14th, was the Feast of the Protection of the Mother of God, and Fr. Anatole revealed the icons to the people. The icons streamed quite heavily; there was enough myrrh for everyone. They have continued streaming ever since. Many have come to see the icons, Russians, Greeks, Serbs, Roman Catholics, Protestants. All who approach the icons feel the Grace of God! There have been days when the icons have been completely dry, while on other days they are covered in myrrh.

Our parish is dedicated to the original Myrrh-streaming Iveron Icon, an icon that had never traveled to Hawaii. The Most Holy Mother of God has not forgotten us. In June of 2008, the Holy Myrrh-streaming "Hawaiian" Iveron Icon was officially recognized by the Russian Orthodox Church Outside Russia as miraculous and genuine, and given the blessing to travel to the various churches and monasteries of Holy Orthodoxy. The Miracle-working Icon of the Mother of God continues to stream till this day. The Holy Cross has slowly ceased to continuously stream Myrrh as it once did, now doing so on certain occasions throughout the year, Pascha being the most recent. What is comforting to the faithful is the Holy Cross still continuously provides a beautiful and pungent fragrance of roses, whether it streams or not.. While the "Hawaiian" Iveron Icon travels and brings the grace of the Mother of God to various places, the Holy Cross always remains in Hawaii to provide for the protection and veneration of the faithful. (For the complete story, visit www.orthodoxhawaii.org/icons.html)



Elder Aimilianos

One of the great blessings of Orthodoxy is the presence, prayers and inspired words of the Holy Elders of the Faith. They have been referred to as “precious vessels of the Holy Spirit.” In recent years, many books have been published in English with their writings and talks. This column provides an opportunity for each of us to be blessed by their words. This month we start a new series based on the question, “Communion with God”

“They brought to Him a man who was deaf and dumb; and they besought Him to lay His hand upon him. And taking him aside from the multitude privately, He put his fingers into his ears, and He spat and touched his tongue; and looking up to heaven, He sighed, and said to him, ‘Ephphatha,’ that is, Be opened.” At

this, the man’s ears were opened, his tongue was loosened, and he began to speak. And they were astonished beyond measure, saying, ‘He has done all things well, He even makes the deaf hear and the dumb speak’ (Mark 7.32-37)

Gheronda, is this me?

The man who was brought before the Lord in the above Gospel lesson, my beloved children, is a compelling figure indeed! He was both deaf and dumb, and although he longed to communicate, he could neither hear the words of others, nor give voice to his own thoughts. Above all, he could not communicate with the Lord, to Whom he had been brought. Faced with the great misfortune of a soul unable to speak to its Redeemer, the Savior sighed deeply (Mk 7.34), just as He did at the tomb of Lazarus, who had been dead for four days (cf. Jn 11.38). On both occasions our Savior sighed, because a man who is dead and buried is no different from a man who is incapable of speaking to the Lord or hearing the voice of God. This is why the Lord addressed only one word to him: *Ephphatha* - Open! (Mk 7.34). Open, ears and hear! Open, mouth and speak! At this, the man’s ears were opened, his tongue was loosened and he began to speak (Mk 7.35). His mouth was opened, the bonds were broken, and his ears began to hear the words addressed to him by God, Who was standing before him in the flesh.

You may think that this event, which took place long ago, has little to do with us. But it seems to me—and I have always been moved by the thought—that all of us are deaf and mute with respect to God. How many of us can say that we’ve spoken to God, and that God has heard us? How many of us can say that we’ve heard the words of God; that we’ve received within ourselves the deep impressions of the divine voice? How many of us have our mouths opened to God; our ears poised in readiness to hear Him? On the contrary, we are deaf mutes, forever silent and unhearing though standing in the presence of God.

How can I speak with God?

When we stand before God, we know that, in order to hear and be heard, we must enter into a personal dialogue with Him, and this can only take place by means of the intellect. God is spirit (cf. Jn 4.24), and He communicates Himself to man spiritually, addressing Himself to man’s highest spiritual faculty: the intellect. When we open our mouths and cry out to God, God hears us, because He receives the waves of

the mind which pulsate outward like sounds from the mouth. The intellect of course can generate such waves without the mouth. What is important is that it should speak to God. And what does it mean to “speak?” Why do people engage in conversation? Because they want to communicate with each other, because one person wants to know the thoughts and feelings of another, which is ultimately a desire to share in the life of the other. When I “speak” to God, therefore, it means that I communicate with God and am united to Him.

Why is it hard to focus on a conversation with God?

For my intellect to speak to God, it must first of all turn towards Him. Such a turn is necessary because the intellect is in constant motion, it is forever being side-tracked, thrown off its course, endlessly shifting its focus upwards and downwards, this way and that. This is why we say things like: “I lost my train of thought, or ‘my mind was wandering,’” which indicate that the intellect, in a manner of speaking, has removed itself to another place. Communicating with God requires that the intellect be kept in a certain tension, as if I were about to release it from a sling, and send it flying to God directly, without any deviation from its path. It requires, in other words, an exclusively dedicated movement of the intellect, in which the intellect is free from all thoughts, feelings, concepts, images, and indeed from anything whatsoever that might absorb it, attract its attention, and make it go astray.

If I do this, will I reach God?

Turning to God means that I stretch forth to Him with perseverance. Why? Because I’m down here on earth, and He’s in heaven above. Can I reach Him? No. I cannot ascend. He must descend in order to find me. When I want to receive Him and speak to Him, He has to come down from the heavens, empty Himself, and surrender His being to me (cf. Phil. 2.7-8). Only thus can the exchange occur, namely, for me to enter Him, and for Him to enter me. And while I am awaiting His advent, the only distraction that I permit myself is the distraction of God.

Why, my beloved, do I call the arrival of God a “distraction?” Why do the Fathers use this term? Because we’ve become so egotistical, and our existence has become so false, we think that life consists in nothing more than our selfish, self-regarding behavior. As a result, our mind must abandon the place in which it’s become accustomed to dwell; it must break free from itself, and all its illusions, and turn to that which truly exists, that is, to God (cf. Ex 3.14). And this constitutes a “distraction” in the sense of a radical change of direction, a breaking away from our habitual self-centeredness. Viewed positively, “distraction” as communication with God means a resolute and stable orientation to God. It is a spiritual disposition that does not vacillate or change.

*Excerpted from “The Way of the Spirit”
(to be continued next issue...)*

Hello, my precious children!



Well, here I am, arms wide open, and ready to welcome YOU to another great year of Holy Trinity Church School ministry and our Saint Spyridon Children's Lending Library! There are so..o..o many good books, videos and DVDs, it's amazing! They are great for learning about the many ways our Heavenly Father loves us!

To make sure all my precious children have plenty of chances to visit and enjoy these great Christian learning tools, I have put together a schedule for the Church School staff and parents for the entire year. I hope to see all of you a lot during this year. Here are the days your classes will be visiting the library:

Saint Spyridon Church School Library 2009/2010 Visit Schedule	
Sep. 26: 1st/2nd Grades	Jan. 16: Kindergarten
Oct. 3: 3rd/4th Grades	Jan. 23: 1st/2nd Grades
Oct. 10: Kindergarten	Jan. 30: 3rd/4th Grades
Oct. 17: 1st/2nd Grades	Feb. 6: Kindergarten
Oct. 24: 3rd/4th Grades	Feb. 13: 1st/2nd Grades
Oct. 31: Kindergarten	Feb. 20: 3rd/4th Grades
Nov. 7: 1st/2nd Grades	Feb. 27: Kindergarten
Nov. 14: 3rd/4th Grades	Mar. 6: 1st/2nd Grades
Nov. 21: Kindergarten	Mar. 13: 3rd/4th Grades
Nov. 28: 1st/2nd Grades	Mar. 20: Kindergarten
Dec. 5: 3rd/4th Grades	Mar. 27: 1st/2nd Grades
Dec. 12: Kindergarten	Apr. 3: 3rd/4th Grades
Dec. 19: Christmas Pageant	Apr. 10: All Classes
Dec. 26: No Class	Apr. 17: Palm Sunday
Jan. 2: 1st/2nd Grades	Apr. 24: Pascha
Jan. 9: 3rd/4th Grades	

Parents, this wonderful part of our religious education ministry is here to provide a healthy and uplifting change from the daily media that overwhelms our children. Please be sure to support them in borrowing, reading and returning these great Christian resources!

Love in Christ, Spero

Reflections in Greek on the month of October on the topics of Saint Kosmas Aitolos and "OXI" Day, October 28, 1940.



Voula Hareras

Ο Άγιος Κοσμάς ο Αίτωλος

Ο Κοσμάς ο Αίτωλος μοναχός, υπήρξε δάσκαλος και φωτιστής του Γένους, Έθνομάρτυρας και άγιος της Έκκλησίας.

Καμιά προσωπικότητα των χρόνων της δουλείας δεν έχει απασχολήσει τόσο πολύ την πίστη, τη λογοτεχνία και τη θεολογία, όσο ο Πατροκοσμάς, όπως επικράτησε να ονομάζεται από τα πλατιά λαϊκά στρώματα.

Ανήκει στις φωτισμένες μορφές, που προετοίμασαν το Γένος για την παλιγγενεσία. Η εμφάνισή του συνέπεσε με μία κρίσιμη περίοδο της ιστορίας του δούλου Γένους. Τόν 18ο αιώνα συντελείται η ανασυγκρότηση του Έλληνισμού σε όλους τους τομείς. Σε αυτήν την πολύ κρίσιμη και φρικτή εποχή, για την εκκλησία και το Γένος όλόκληρο, έζησε και έδρασε ο Κοσμάς ο Αίτωλος (1714 – 1779) Παπάδες δεν υπήρχαν.

Επικρατούσε αγραμματοσύνη, σκληρότητα, αθλιότητα, αγριότητα, βαρβαρότητα και το χειρότερο οι όμαδικοί εξισλαμισμοί όλο και περισσότεροι γίνονταν.

Γεννήθηκε τό 1714 στο Μέγα Δένδρο Θέρμου {έπαρχίας Αποκούρου} της Αίτωλίας και τό κατά κόσμον όνομάτεπυνυμό του ήταν Κώστας Δημητρίου.

Ο Πατέρας του ήταν φτωχός ύφαντής. Τά πρώτα γράμματα ό Κοσμάς τά έμαθε στο κρυφό σχολείο του Μοναστηριού της Άγίας Παρασκευής στη Μάνδρα Θέρμου. Ο χώρος όπου ό έερομόναχος του μοναστηριού δίδασκε ανάγνωση και γραφή διατηρείται ως μουσείο κέρινων όμοιωμάτων.

Όταν έγινε 17 χρονών πηγαίνει νά μάθει γράμματα στη Λομποτινά Ναυπακτίας όπου δάσκαλος εκεί ήταν ό μοναχός Ανανίας Δερβισιάνος. Μετά από δυό χρόνια παραμονής του αναχωρεί για τά Βραγγιανά των Άγρών, όπου δάσκαλος ήταν ό μοναχός Θεοφάνης και ό όποιος είχε μαθητή και τόν αδελφό του Κοσμά τό Χρύσανθο.

Έκει παρέμεινε όκτώ χρόνια, έμαθε άριστα την Έλληνική γλώσσα, την Λογική, την Αριθμητική, και την πρακτική ιατρική.

Τό 1743 πηγαίνει στην Άθωνιάδα Σχολή του Άγίου Όρους (Μονή Βατοπεδίου). Όπου ό Μέγας Δάσκαλος Εύγένιος Βούλγαρης τόν μύησε στά μεγάλα σχέδια του προς άπελευθέρωση του Έθνους, και εκεί σπούδασε Θεολογία, Φιλοσοφία, και Φιλολογία, επί 17 χρόνια.

Τό 1759 έκάρη μοναχός στην ιερά Μονή Αγίου Φιλοθέου, και τό 1760 έγκαταλείπει τη Μονή και πηγαίνει στην Κωνσταντινούπολη, όπου ήταν και ό αδελφός του Χρύσανθος.

Στό χώρο της μετάνοιάς του φλεγόνταν από τόν πόθο νά βοηθήσει τό υπόδουλο Γένος συμβάλλοντας {στόν κατά θεόν φωτισμό του} ακούοντας και έγώ αδελφοί μου τούτον τόν γλυκύτατον λογόν όπου λέγει ό Χριστός μας νά φροντίζωμεν και διά τους αδελφούς μας μέ έτρωγεν εκείνος ό λόγος μέσα είς την καρδίαν μου τόσους χρόνους, ώσάν τό σκουλήκι όπου τρώγει τό ξύλον... Όθεν άφησα την ιδική μου

προκοπήν, τό ιδικόν μου καλόν, και έβγήκα νά περιπατώ από τόπον είς τόπον και διδάσκω τούς αδελφούς μου (και άλλων θά συμπληρώσει). Επειδή τό Γένος μας έπεσεν είς άμάθειαν είπα, άς χάση ό Χριστός έμένα ένα πρόβατον, και άς κερδίση τά άλλα. Ισως ή εύσπλαγχνία του Θεού και ή εύχή σας σώση και μένα.

Στά τέλη του 1760 πιθανότατα σε ήλικία 46 χρόνων, πήγε στην Κωνσταντινούπολη και έλαβε άδεια και εύλογία του Οικουμενικού Πατριάρχη Σωφρονίου Β., για νά αρχίσει τό ιεραποστολικό του έργο,τό όποίο συνέχισε για περίπου είκοσαετία μεταλαμπαδεύοντας στο υπόδουλο γένος τόν πόθο του για την άπελευθέρωση και τό έπισφράγισε μέ τό μαρτύριό του.

Ηταν ρήτορας, γοήτευε, έφτιαξε πολλά σχολεία, είναι ό πρώτος έφαρμοστής του συστήματος Δωρεάν Παιδεία, ό μεγάλος φεμινιστής, και ό πρώτος και ιδανικός έκφραστής του συνθήματος ισότης, αδελφότης, δικαιοσύνη, Κοσμάς ό Αίτωλος λαϊκός διδάχος των ραγιαδων του Ελληνισμού, πραγματικός διδάσκαλος του Γένους είχε άσβηστη φλόγα στην ψυχή και πραγματικό πάθος στις διδαχές του. Τό ήθικό, θρησκευτικό, έθνικό, και κοινωνικό του κήρυγμα ήταν άπλό, αυθόρμητο και ζωντανό, άπαλαγμένο από θεολογική σοφία και δογματικό φόρτο μέ λόγια άπλά άγγιζε την ψυχή των άπλών ανθρώπων της εποχής του, που ζούσαν σε κατάσταση μεγάλης άπαιδευσίας και άνάγκης τά δύσκολα χρόνια της κατοχής των Τούρκων και των Βενετών, γιαυτό και τά πλήθη των χωρικών που τόν άκουαν εύλαβικά στις ύπαιθριες όμιλίες του άρχισαν από πολύ νωρίς νά τόν λατρεύουν .ώς Άγιο και προστάτη τους, πολύ νωρίς ό Κοσμάς ό Αιτωλός έγινε ό Άγιος των σκλάβων.

Νά σημειώσουμε ότι όταν μετέβη στα Νησιά Κεφαλλονία και Ζάκυνθο,ή άρχουσα τάξη εκεί δυσανεστήθηκε από τά κηρύγματά του, που κάκιζαν την μχαλάρωση των ήθών και γενικά τις καταχρήσεις. Ετσι οι άριστοκράτες άπαίτησαν φαίνεται τό δώξιμο του έερομόναχου Κοσμά από την Έπτάνησο. Και οι μέν Κεφαλλονίτες άγκάλιασαν μέ σεβασμό τά κηρύγματά του, οι Ζακυνθinoί όμως φέρθηκαν μέ τρόπο άσεβή προς τόν έθναπόστολο έεροκήρυκα. Στην Ζάκυνθο δεν έμεινε πολύ γύρισε άμέσως στην Κεφαλλονία όπου ό λόγος του έπεφτε σε καλό έδαφος και κάρπιζε.

Στις 24 Αύγουστου 1779 όταν ήταν 65 έτών, οι Τουρκαλβανοί κρέμασαν τόν Πατροκοσμά στο Καλικόντασι της βορείου Ηπείρου μέ την κατηγορία ότι ξεσήκωνε τούς Έλληνες κατά των Τούρκων νά άποκτήσουν την έλευθερία τους.

Τό τίμιο λείψανο άφού τό γύμνωσαν, οι δήμιοι τό έσυραν και τό έριξαν στο ποταμό Αψό μέ μία πέτρα στο λαϊμό.

Τό ιερό λείψανο του Αγίου έπέστρεψε πρόσφατα {2.6.2007} στο όμώνυμο μοναστήρι της γενετειράς του. {Μεγα Δενδρο Θέρμου Αιτωλοακαρνανίας}ό Αρχιεπίσκοπος Τιράνων και Αλβανίας κ. Άναστάσιος.

Από τίς διδασκαλίες του σώθηκαν πολλές διδαχές και προφητείες, τίς όποιες σε Αλη φορά θά σας τίς γράψουμε.

Πηγή Εθνικός Κήρυξ.
Βούλα Χαρερά

An original poem about the conclusion of another Holy Trinity Greek Festival ... and reflections on why we hold them.



Vickie Bellios

Πάει κι' αυτό το φέστιβαλ
τέλειωσαν τα σουβλάκια
έσβυσαν ' όλες οι φωτιές
κλεισανε τα μπαράκια.

Οι δίπλες επωλήθηκαν
μαζί και τα φινίκια
τα κουλουράκια σώθηκαν
μα και τα καταΐφια.

Ολοι μας εργαστήκαμε
με όρεξη μεγάλη
χιλιάδες ώρες βάλαμε
μα ήτανε χαλάλι.

Επήγαμε πολύ καλά
κι' ήταν ο Θεός μαζί μας
πολοί άνθρωποι μας τίμησαν
και ξένοι και δικοί μας.

Χωρέψαμε όλοι μας μαζί
μεγάλες και μικρούλες
φορώντας τις ποδίτσες μας
φαινόμαστε ομορφούλες.

Σερβίραμ' με χαμόγελο
αυτούς που περιμέναν
κι' όλοι ευχαριστήθηκαν
με ο' τι κι' αν επέρναν.

Ολα αυτά για ένα σκοπό
για ένα ονειρό μας
να κτίσωμε την εκκλησιά
για όλων το καλό μας.

Ολοι μας αυτό θέλωμε
με όλη την καρδιά μας
και του Θεού τη δύναμη
σε μας και στα παιδιά μας.

(Continued from Page 16)

Όκτώβριος 1940 Όκτώβριος 2010-09-14

Γιά νά μήν ξεχνάμε
τήν Ίστορία μας...

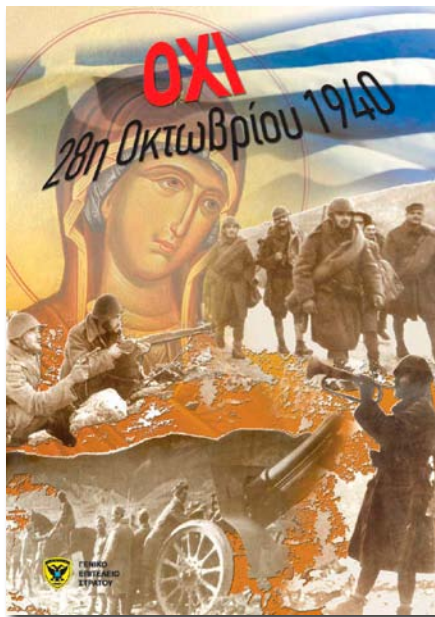
70 χρόνια έχουν περάσει από τότε πού
οί Γενναίοι μας Στρατιώτες, έγρα-
ψαν μία ακόμα χρυσή σελίδα στο γεμάτο
ήρωισμούς βιβλίο της ένδοξης Ίστορίας μας.

Τόλμησαν νά πούν ΟΧΙ σέ όλόκληρη
πάνοπλη Αύτοκρατορία.

Σχεδόν ξυπόλυτοι καί μέ μηδαμινά όπλα,
μέ τήν βοήθεια όμως τής Παναγίας προχω-
ρούν στά χιονισμένα βουνά τής Άλβανίας,
δίνοντας τίς πρώτες νίκες στους υπόδου-
λους καί τρομαγμένους Συμάχους, πού είχαν
παραδοθή στόν Γερμανικό στρατό.

Γιά 6 όλόκληρους μήνες κράτησαν τόν
άνισο άγώνα, χύνοντας τό αίμα τους, καί
έτσι έδωσαν τήν εύκαιρία καί τόν πολύτιμο
χρόνο νά έτοιμαστή ή Αμερική, νά βοηθήση
τόν άγώνα καί νά αλλάξη έντελώς ή τύχη
τού κόσμου.

Ο Μεγαλοδύναμος Θεός άς έχει τά Παλη-
κάριά μας στήν άγκαλιά του, καί ή μνήμη
τους νά είναι ΑΙΩΝΙΑ.



28 Οκτωβρίου 1940

Ήταν μία νύχτα βροχερή
Όκτώβρης τού σαράντα
Πού θελησαν οί Ίταλοί
Νά σβύσουμε γιά πάντα

Χωρίς νά λογαριάσουνε
Τί γράφει ή Ίστορία
Πως πολεμούν οί Έλληνες
Γιά τήν Ελευθερία

Γιαυτό σάν πήγε ό Πρεσβευτής
Γιά νά τόν φοβερίσει
ΟΧΙ τού λέει ό Μεταξάς
Ο Ντούτσε άς τολμήσει

Κί' αν στείλει κοκορόφτερους
Τάνκς, όλμους, καί κανόνια
Δέν τά φοβούνται οί Έλληνες
Μά πολεμούν αιώνια

Γιατί έχουν όλοι όρκισθεί
Στήν μνήμη των προγόνων
Νά συνεχίζουν πάντοτε
Αγώνες Μαραθώνων

Καί έμαθε ή Ύφήλιος
Τότε στήν Άλβανία
Τί είναι Έλληνική ψυχή
τί Δόξα, τί Άνδρεία.

Βούλα Χαρερά



Frederica Mathewes-Green is a wide-ranging author, whose work has appeared in the Washington Post, Christianity Today, Smithsonian, the Los Angeles Times, First Things, Books & Culture, Sojourners, Touchstone, and the Wall Street Journal. She writes regularly for the multifaith web magazine Beliefnet.com, and writes movie reviews for National Review Online and Christianity Today Movies. She has published 9 books and published over 700 articles. She has also appeared as a speaker at Princeton, Yale, Harvard, Wellesley, Cornell, Calvin, Baylor, and Westmont, the Smithsonian Institute, the Washington National Cathedral, the American Academy of Religion, the Veritas Forum, the Family Research Council, and the National Right to Life Committee. In addition, she is one of the most prominent Orthodox Christian public speakers in the country.

Coming to Pittsburgh November 6, 2010

Holy Trinity Greek Orthodox Church
Notable Speakers Series presents

Frederica Mathewes-Green

Author, Speaker, National Public Radio Personality

Two Great Life and Faith Presentations:

“Tuning the Heart to God”

&

“Living a Vibrant Faith”

Schedule of Events

9:30am	Registration - Coffee and Refreshments
10:15	Opening Prayers/Morning Dedication
10:30	Presentation: “Tuning the Heart to God”
11:45	Lunch/Book Browsing/Signing
1:00	Presentation: “Living a Vibrant Faith”
2:30pm	Closing Prayer Service

Location: Holy Trinity Greek Orthodox Church Social Hall
302 W. North Avenue (Northside), Pittsburgh, PA 15212

Phone Reservations or Questions: Call Arlene Paras (412-321-0394)
or email notablespeakers@HolyTrinityPgh.org

ONLINE RESERVATIONS/ADVANCE TICKETS RECOMMENDED

**Visit www.HolyTrinityPgh.org/notablespeakers
to purchase tickets for guaranteed admission**

Requested Donation: \$15 - Includes lunch



About the Notable Speakers Series

The “Notable Speakers Series” is a teaching and fellowship ministry of Holy Trinity Greek Orthodox Church. The series is designed to bring a program of educational speakers to the Pittsburgh area on religious and cultural themes of importance to the Greek Orthodox community. This ministry is underwritten and made possible through a generous grant from the John and Alice Gandis Memorial Education Trust, established by the Clifford J. Gandis family in honor of his parents. For a history of the series or for future events, visit www.HolyTrinityPgh.org/notablespeakers

*This space available
for your business or
annual commemora-
tive listing. Contact the
Church Office for
information.*

Thank You
to these patrons and
businesses for sponsoring this
issue of the *Herald*. If you would
like information on becoming a
Herald patron, please contact
the church office. To become a
Personal Sponsor on special
occasions, see the form below.

*This space available
for your business or
annual commemora-
tive listing. Contact the
Church Office for
information.*



Merrill Lynch

Spanos Group
Samuel William Spanos, CFP, CFM
First Vice President
Senior Resident Director
Wealth Management Advisor
Jo L. Shane, CFP, CFM
Financial Advisor
Todd C. Todorich, CFM
Financial Advisor
Robert M. Lewis, CFM
Financial Advisor

Global Private Client Group
446 Third Street
Beaver, Pennsylvania 15009
724 773 8701
800 813 5191
FAX 724 775 7050
[http://fa.ml.com/
The_Spanos_Group](http://fa.ml.com/The_Spanos_Group)

STEPHEN M. BRADY FUNERAL HOME

412-321-0495

920 Cedar Avenue, Pittsburgh, PA
Expert Pre-Need Planning & Funding

Salonika Imports

Food Importer and Distributor

Chris T. Balouris

3509 Smallman St, Pittsburgh, PA 15201

Phone: 412.682.2700 www.salonika.net

retail store hours:

Mon to Fri 9am-4pm & Sat.10am-3pm

*This space available
for your business or annual
commemorative listing.
Contact the Church Office
for information.*

*Looking for a special place for a reception for
your next special event?*

Weddings? Baptisms?

Anniversaries? Graduations?

Company Events

Remember Holy Trinity Community Center!

Call Vas Scoumis at 412-996-6505 or email
hall@HolyTrinityPgh.org for booking information.

Holy Trinity Greek Orthodox Cemetery

McCandless Township, North Hills

Serving the needs of our community since 1945. Please,
consider Holy Trinity Cemetery in your estate planning.
Many lots are available at the very reasonable price of
\$500 each.

Contact Cemetery Chairman Bill Fiedler
412-364-1545

HERALD PERSONAL SPONSOR FORM

Please enclose a donation of at least \$20.00

NAME:

PHONE:

ADDRESS:

I/we wish to sponsor a *Herald*. Please include the following message:

☐ In memory of... ☐ For the health of... ☐ In thanksgiving for... ☐ In honor of... ☐ To the Glory of God...
☐ other: ()

(list names or further information here):

Holy Trinity Greek Orthodox Church



302 West North Avenue, Pittsburgh, PA 15212

**TIME SENSITIVE INFORMATION
PLEASE EXPEDITE DELIVERY!**

NON-PROFIT
ORGANIZATION
U. S. POSTAGE
PAID
PERMIT NO. 1463
PITTSBURGH, PA

Why We Need to Pray



Two of our study groups this fall are focusing on prayer: The Saint Lydia Women's Study Fellowship and the Orthodox Studies Forum. The quote below from Elder Porphyrios "sheds light" on why prayer is so essential and beneficial in the life of a Christian.

***There is an electric generator and in the room is a lamp.
If, however, we don't flip the switch,
we will remain in darkness.***

***Similarly, there is Christ and there is our soul.
If, however, we don't flip the switch of
prayer, our soul will not see the light
of Christ and will remain in the
darkness of the devil.***

Elder Porphyrios (1906-1991)
From "Precious Vessels of the Holy Spirit"

Scripture of the Month: "I am the light of the world; he who follows me will not walk in darkness, but will have the light of life." (John 8.12)